

# Theory U

## Facilitator Training

How do you facilitate organizational and multi-stakeholder processes to innovate for sustainable business and economy?

What is the role of awareness-based practices in facilitating deep change processes?

Join this 3 day experiential workshop and explore Theory U: a method for growing the capacity for innovative and collaborative action for a sustainable future.

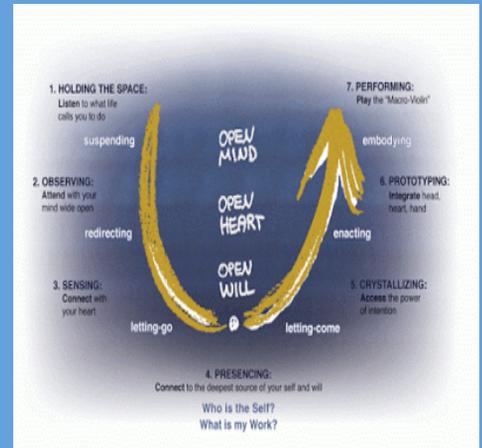
Theory U (also known as the U Process) is a socio-technology that is designed to address complex problems, foster innovation, and facilitate profound change. Theory U can be applied to challenges at the personal, business or economy level, including challenging multi-stakeholder processes. It suggests that in order to address existing problems we need a deeper learning cycle based on co-sensing an emerging future, rather than just past experience. It offers a learning process that gives us the skills to tune into future possibilities and realize them effectively.

In this 3 day facilitator course in Theory U you will:

- Learn practical and easy-to-use frameworks, methods and tools for innovation and facilitating and leading profound change.
- Try out practices that enable you to operate from that deeper place required of an innovator, change-facilitator or change-maker.
- Reflect on how change and innovation at the personal or organisational level is connected to wider change and transformation processes in the global social, economic and ecological systems we are part of.
- Explore how to help move society from ego-system to eco-system economies in co-creative ways.
- Learn how to sense and actualise one's highest future possibility.
- You will be able to bring live projects or questions that you are concerned with or working on.

Who is it for?

- This course is intended for practitioners and action researchers interested in transformative social change for sustainability.
- It is relevant for people from all sectors, including education, business, entrepreneurs, government, and civil society.
- It is relevant to people innovating or leading change from the local to the global level.
- You may already be leading change in your personal team, organisational or multi-stakeholder context, or be new to this and wanting to be inspired and strengthened as facilitators and leaders.



*"We are longing for profound renewal and change in our collective structures and systems. We have been waiting consciously or not, all our lives. And now it seems a window is beginning to open." Otto Scharmer*

**Dates:** 8-10 November 2016

**Venue:** Reed Hall, University of Exeter, United Kingdom

**Costs:** Accommodation, travel and 2 evening meals are self-financing.

**Workshop:** 8 participants (minimum) 20 participants (maximum). First come first served!

**Registration:** Please contact **Tom Crowford** at [T.Crowford@exeter.ac.uk](mailto:T.Crowford@exeter.ac.uk)  
Registration is open until 15 October 2016

**Contact:** **Dr Sally Jeanrenaud, Senior Research Fellow, Sustainable Development, Business School, University of Exeter** [s.jeanrenaud@exeter.ac.uk](mailto:s.jeanrenaud@exeter.ac.uk)

**Facilitator:** **Jane Corbett, Generative Leadership Centre, Oxford.**

Jane facilitates leadership innovation and sustainability programmes internationally through the Generative Leadership Centre and at the Department for Continuing Education, University of Oxford. She has been working with the U process since 2011, most recently with leadership and innovation labs in China and the Cambridge Institute for Sustainability Leadership. She is a member of the UK Theory U network and an associate of Future Considerations and Mobius Executive Leadership. See [www.generativeleadership.co.uk](http://www.generativeleadership.co.uk)

**Related MOOC:** This Theory U facilitator-training workshop, convened by the Business School, University of Exeter, runs in parallel with an inspiring MOOC “*u.lab Leading from the Emerging Future*” led by Otto Scharmer of MIT Sloan School of Management. This MOOC is available through edX, and runs between September and December 2016. Some 75,000 people from 183 countries have participated in this MOOC since 2015. A verified certificate is available with this MOOC. For more information see <https://www.edx.org>

**Reference:** Scharmer, O.& Kaufer, K. (2013): *Leading from the Emerging Future. From Ego-System to Eco-System Economies. Applying Theory U to Transforming Business, Society and Self.* San Francisco: Berrett-Koehler Publishers. For information on Theory U, see [www.presencing.com](http://www.presencing.com)